


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>OMELET BAR made to order at the Grill EVERY WEDNESDAY 7:00 am - 9:30 am</p> 	<h1>July 2010 Bistro Menu</h1>				<p>Beef Vegetable Soup Lima Bean Soup Chicken ala King over Rice Penne w/Four Cheeses Red, White & Blue Fruit Platter Confetti Rice Buttered Green Peas Oriental Mixed Vegetables Apple Glazed Baby Carrots</p> <p style="text-align: right;">1</p>	<p>Beef Vegetable Soup Key West Seafood Chowder Chicken Pot Pie Swiss Steak Mashed Potatoes Hoppin' John Stewed Tomatoes Mustard Greens w/Ham</p> <p style="text-align: right;">2</p>	<p>Beef Vegetable Soup Sliced Baked Ham Country Fried Steak w/Br. Gravy Mashed Potatoes w/Gravy Whole Green Beans Okra & Tomatoes Seasoned Zucchini Squash</p> <p style="text-align: right;">3</p>
<p>Texas Chili Soup Pasta Primavera Extra Crispy Fried Chicken Whipped Potatoes w/Gravy Macaroni & Cheese Country Kitchen Veggies Broccoli Florets</p>  <p style="text-align: right;">4</p>	<p>Texas Chili Soup Cajun Beef & Vegetable Soup Tuna Noodle Casserole Fried Pork Chop Loaded Bk. Potato Super Bar White Rice Corn Pudding Seasoned Summer Squash Broccoli & Cauliflower Florets</p> <p style="text-align: right;">5</p>	<p>Texas Chili Soup Corn Chowder Chicken Curry over Rice Tator Tot Casserole Chicken Caesar Salad White Rice Southern Style Green Beans Basil Ratatouille Cauliflower w/Cheese Sauce</p> <p style="text-align: right;">6</p>	<p>Texas Chili Soup Farmer's Market Soup Stuffed Green Pepper Extra Crispy Fried Chicken Loaded Mashed Potatoes Roasted Vegetables Steak House Spinach Creamed Corn</p> <p style="text-align: right;">7</p>	<p>Texas Chili Soup Italian Vegetable Soup Shrimp Fried Rice w/Shrimp Egg Roll Carved Honey Baked Ham Greek Gyro Candied Sweet Potatoes Seasoned Cabbage Seasoned Yellow Squash Seasoned Asparagus</p> <p style="text-align: right;">8</p>	<p>Texas Chili Soup Bistro Clam & Corn Chowder Sloppy Joe Fried Catfish Macaroni & Cheese Turnip Greens w/Ham Lima Beans Carrots Vichy</p> <p style="text-align: right;">9</p>	<p>Texas Chili Soup Spaghetti with Meat Sauce Cajun Chicken Breast Steamed White Rice w/Gravy Baked Yellow Squash & Chz Cass Capri Mixed Vegetables Buttered Green Peas</p> <p style="text-align: right;">10</p>	
<p>Chicken Noodle Soup Baked Ziti with 4 Cheese Extra Crispy Fried Chicken Whipped Potatoes w/Gravy Savory Green Beans Aztec Corn Black-eye Peas</p> <p style="text-align: right;">11</p>	<p>Chicken Noodle Soup Navy Bean Soup Carved Baked Ham BBQ Chicken Quarter Spring Herb Chicken Salad White Rice French Fried Zucchini Broccoli & Cauliflower Corn On The Cob</p> <p style="text-align: right;">12</p>	<p>Chicken Noodle Soup Canadian Cheese Soup Eggplant Parmesan w/Marinara Sc. Corned Beef & Cabbage Sizzling Taco Chip Salad Parsley Boiled Potatoes Buttered Green Peas Baby Carrots Braised Cabbage</p> <p style="text-align: right;">13</p>	<p>Chicken Noodle Soup Cheeseburger Chowder Beef, Macaroni and Tomatoes Extra Crispy Fried Chicken Whipped Red Potatoes Whole Green Beans Rainbow Vegetable Medley Molasses Baked Beans</p> <p style="text-align: right;">14</p>	<p>Chicken Noodle Soup Potato Leek Soup Chicken & Dumplings BBQ Pork Chop Spring Herb Chicken Salad Roasted Red Potatoes Collard Greens with Ham Seasoned Yellow Squash Black-Eyed Peas</p> <p style="text-align: right;">15</p>	<p>Chicken Noodle Soup New England Clam Chowder Beef Liver & Onions Fried Catfish Steamed White Rice w/Gravy Cheese Grits Hush Puppies Glazed Carrots w/ Raisins Southern Green Beans</p> <p style="text-align: right;">16</p>	<p>Chicken Noodle Soup Roast Turkey / Gravy Manicotti (2 shells) Mixed Vegetables Corn O'Brien Turnip Greens w/Ham Cornbread Dressing</p> <p style="text-align: right;">17</p>	
<p>Potato & Corn Chowder Soup Rotini w/Meat Sauce Extra Crispy Fried Chicken Whipped Potatoes w/Gravy Hoppin' John Seasoned Summer Squash Scandinavian Mixed Vegetables</p> <p style="text-align: right;">18</p>	<p>Potato & Corn Chowder Soup Cream of Wild Rice & Mushroom Orange Glazed Pork Loin Hungarian Goulash Whipped Potatoes Savory Green Beans California Mixed Vegetables Seasoned Whole Kernel Corn</p> <p style="text-align: right;">19</p>	<p>Potato & Corn Chowder Soup Turkey & White Bean Chili Southern Turkey Pot Pie Country Fried Steak Whipped Red Potatoes Turnip Greens w/Ham Seasoned Cabbage Glazed Carrots</p> <p style="text-align: right;">20</p>	<p>Potato & Corn Chowder Soup Split Pea Soup Bayou Red Beans & Rice Extra Crispy Fried Chicken Rice with Gravy Oven Roasted Potatoes Okra & Tomatoes Seasoned Asparagus</p> <p style="text-align: right;">21</p>	<p>Potato & Corn Chowder Soup Beef Barley Soup Tuna Noodle Casserole Chicken Parmesan Penne Fantastica Leaf Spinach Italian Vegetable Blend Corn O'Brien</p> <p style="text-align: right;">22</p>	<p>Potato & Corn Chowder Soup Chicken & Rice Soup Baked Spaghetti w/Meat Balls Fried Catfish Macaroni & Cheese Broccoli Spears Seasoned Collard Greens w/Ham Garlic Bread Hush Puppies</p> <p style="text-align: right;">23</p>	<p>Potato & Corn Chowder Soup Beef, Macaroni and Tomatoes Herb Baked Chicken Mashed Potatoes Seasoned Italian Green Beans Cauliflower with Cheese Sauce Harvard Beets</p> <p style="text-align: right;">24</p>	
<p>Cuban Black Bean Soup Beef Stroganoff/egg noodles Extra Crispy Fried Chicken Chive Scalloped Potatoes Steamed Vegetable Gratin Savory Green Beans</p> <p style="text-align: right;">25</p>	<p>Cuban Black Bean Soup Cream of Tomato Soup Seafood Newberg over Rice Country Fried Steak Rice with Gravy Broccoli Spears Corn O'Brien Summer Squash Medley</p> <p style="text-align: right;">26</p>	<p>Cuban Black Bean Soup Ham & Vegetable Soup Stuffed Green Pepper Smothered Pork Chop Rice with Gravy Seasoned Asparagus Mustard Greens w/Ham Ratouille</p> <p style="text-align: right;">27</p>	<p>Cuban Black Bean Soup Cheeseburger Chowder Spaghetti with Meat Sauce Extra Crispy Fried Chicken Lyonnais Potatoes Balsamic Roasted Vegetables Macaroni & Cheese Seasoned Spinach</p> <p style="text-align: right;">28</p>	<p>Cuban Black Bean Soup Louisiana Chix & Shrimp Gumbo Hot Turkey Open Face Sandwich Shrimp Etouffee over Rice Wild Rice Pilaf Chive Scalloped Potatoes Steamed Vegetable Gratin Whole Green Beans</p> <p style="text-align: right;">29</p>	<p>Cuban Black Bean Soup Manhattan Skyline Clam Chowder Baked Ziti Fried Catfish Harvard Beets Cheese Grits Black Eyed Peas Turnip Greens w/Ham</p> <p style="text-align: right;">30</p>	<p>Cuban Black Bean Soup Rosemary Roast Pork Loin BBQ Chicken Steamed White Rice Escalloped Apples Rainbow Vegetable Medley Speckled Butter Beans</p> <p style="text-align: right;">31</p>	



July 2010 BAPTIST BISTRO – GRILL AND SUB CITY LIMITED TIME OFFERS

Try our <u>NEW</u> 7 oz. Grilled Turkey Burger Served on a Kaiser Roll, Whole Wheat Hamburger Bun Or a Multi-Grain 100 Calorie Sandwich Round				<u>SELONA GRILL:</u> Angus Quesadilla Burger <u>SUB CITY:</u> Chimichurri Flank Steak Sand	<u>SELONA GRILL:</u> Angus Quesadilla Burger <u>SUB CITY:</u> Chimichurri Flank Steak Sand	<u>HOT FOOD:</u> HOT FOOD DU JOUR	1	2	3				
<u>HOT FOOD:</u> HOT FOOD DU JOUR	<u>SELONA GRILL:</u> Asparagus, Ham & Swiss Cheese Melt <u>SUB CITY:</u> Junior Roast Turkey Avocado Club	<u>SELONA GRILL:</u> Asparagus, Ham & Swiss Cheese Melt <u>SUB CITY:</u> Junior Roast Turkey Avocado Club	<u>SELONA GRILL:</u> Asparagus, Ham & Swiss Cheese Melt <u>SUB CITY:</u> Junior Roast Turkey Avocado Club	<u>SELONA GRILL:</u> Asparagus, Ham & Swiss Cheese Melt <u>SUB CITY:</u> Junior Roast Turkey Avocado Club	<u>SELONA GRILL:</u> Asparagus, Ham & Swiss Cheese Melt <u>SUB CITY:</u> Junior Roast Turkey Avocado Club	<u>HOT FOOD:</u> HOT FOOD DU JOUR	4	5	6	7	8	9	10
<u>HOT FOOD:</u> HOT FOOD DU JOUR	<u>SELONA GRILL:</u> Chicken Tandoori 'Naanwich" <u>SUB CITY:</u> California BLT Wrap	<u>SELONA GRILL:</u> Chicken Tandoori 'Naanwich" <u>SUB CITY:</u> California BLT Wrap	<u>SELONA GRILL:</u> Chicken Tandoori 'Naanwich" <u>SUB CITY:</u> California BLT Wrap	<u>SELONA GRILL:</u> Chicken Tandoori 'Naanwich" <u>SUB CITY:</u> California BLT Wrap	<u>SELONA GRILL:</u> Chicken Tandoori 'Naanwich" <u>SUB CITY:</u> California BLT Wrap	<u>SELONA GRILL:</u> Chicken Tandoori 'Naanwich" <u>SUB CITY:</u> California BLT Wrap	11	12	13	14	15	16	17
<u>HOT FOOD:</u> HOT FOOD DU JOUR	<u>SELONA GRILL:</u> Acapulco Chicken Wrap <u>SUB CITY:</u> Tabouleh Hummus Pita Wrap	<u>SELONA GRILL:</u> Acapulco Chicken Wrap <u>SUB CITY:</u> Tabouleh Hummus Pita Wrap	<u>SELONA GRILL:</u> Acapulco Chicken Wrap <u>SUB CITY:</u> Tabouleh Hummus Pita Wrap	<u>SELONA GRILL:</u> Acapulco Chicken Wrap <u>SUB CITY:</u> Tabouleh Hummus Pita Wrap	<u>SELONA GRILL:</u> Acapulco Chicken Wrap <u>SUB CITY:</u> Tabouleh Hummus Pita Wrap	<u>SELONA GRILL:</u> Acapulco Chicken Wrap <u>SUB CITY:</u> Tabouleh Hummus Pita Wrap	18	19	20	21	22	23	24
<u>HOT FOOD:</u> HOT FOOD DU JOUR	<u>SELONA GRILL:</u> Angus Quesadilla Burger <u>SUB CITY:</u> Shanghai Chicken Noodle Wrap	<u>SELONA GRILL:</u> Angus Quesadilla Burger <u>SUB CITY:</u> Shanghai Chicken Noodle Wrap	<u>SELONA GRILL:</u> Angus Quesadilla Burger <u>SUB CITY:</u> Shanghai Chicken Noodle Wrap	<u>SELONA GRILL:</u> Angus Quesadilla Burger <u>SUB CITY:</u> Shanghai Chicken Noodle Wrap	<u>SELONA GRILL:</u> Angus Quesadilla Burger <u>SUB CITY:</u> Shanghai Chicken Noodle Wrap	<u>SELONA GRILL:</u> Angus Quesadilla Burger <u>SUB CITY:</u> Shanghai Chicken Noodle Wrap	25	26	27	28	29	30	31